

The Ethics of Self: Self-Awareness, Values and Wellness of the Therapist

We, as therapists, offer our best selves to our clients. As we are offering awareness and presence to our clients, we must fill our own cups in order to be effective and to be our authentic selves in our work and our personal lives.

Objectives

- ☞ Participants will be able to define the concept of “self” and understand the relationship between use of self, and competent and ethical practice.*
- ☞ Participants will learn methods for increasing and enhancing self-awareness. Also, they will develop a plan for self-care and wellness accountability.*
- ☞ Participants will explore how our professional value of the inherent worth of the individual requires a responsibility to our own wellness and self-care.*

*When: Friday August 17th, 2018 -8:30 a.m to 3:30 p.m.
Where: Counseling Associates for Well-Being
1 Huntington Rd., Ste 703
Athens, GA 30606
Cost: \$100*



** 5 ethics CEUs approved LPCAGA 7658-18*

** 5 ethics CEUs approved with NASW-GA*

Suzanne Morgan, LCSW is the co-founder and co-owner of Counseling Associates for Well-Being. Suzanne has 20 years of experience as a therapist. She is a certified Hatha yoga instructor and is passionate about teaching mind/ body awareness. She has practiced yoga and meditation for over 15 years. Suzanne loves interweaving yoga skills and spiritual concepts as well as Buddhist psychology into her work.



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706.425.8900 or email Aimee.CAWB@gmail.com to register